

Activity fees increased

Unfortunately the cost of running the club, like so many other things, continues to rise year by year.

In recent years considerable effort has been put into running special events, like fetes and concerts, by a few dedicated people.

However, only about 15 per cent of members contribute to these fund-raising efforts and the income generated has been dropping.

The club's Management Committee has considered the financial position and has decided that it is unfair to rely upon a few members to keep the club "in the black", and that the financial burden should be spread to all members taking part in club activities.

The fees will therefore increase on 5 March from \$4 a session to \$5. Members taking part in a second activity on the same day will pay only \$3 for the second activity. Annual membership and parking fees will remain unchanged. Visitors (non-members) will pay \$6 per activity.

Members may be interested to know that the estimated cost of running the club this year is \$116,000. Activities, subscriptions and parking fees will cover only \$69,000 of this. We rely on hiring out our spaces to bring in \$42,000 but this fluctuates from year to year, as do donations from sponsors. Our treasurer has analysed the figures and estimated that the increase will bring in almost \$13,000 more (compared with a total of \$8,563 from all fund raising events last year) which will put the club in a more comfortable position.

We hope members will be understanding, and accept that the burden of funding the club needs to be borne by all those who use it.



Luton Properties has been a major supporter of the club over the years. The photo shows Noel Lane handing another generous donation to President Roy Parekh. Noel is not only a successful, agent who has sold the properties of a number of our members, he also served on our Management Committee. We encourage any members thinking of selling their property to contact Noel for advice before making a decision.

Extensions to car park reward for persistence, and Waldren generosity

After many, many months of work on Anne Murray's part, a piece of land to the rear of the property was annexed to Woden Seniors from the Government.

After the site was cleared we were able to take up an offer by Waldren Constructions to prepare and seal the site to provide extra parking both for members and for hirers who pay for the opportunity to park in our grounds.

This work, free of charge to our club, is thanks to the hard work of Anne Murray liaising with Stan Waldren of Waldren Constructions, to complete this long awaited project.

Robin Brinton has also been working behind the scenes to ensure the site was surveyed and cleared ready for the work to be done.

This is a huge undertaking and the club is most appreciative of Waldren Constructions' support for the club.

There is no way the club could have afforded this extension without such practical support and the

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Management Committee

President: Roy Parekh

Vice-President: Sue Allen

Treasurer: Heike Elvers

Secretary: Gail Guiliano

Committee Members: Pat Birrell,

Grahame Hellyer, Anne Murray,

Richard Hickman, Ken Riordan

Public Officer: Raphaela Stukoff

Editor, Meridian: Dennis Blewett

Extensions to car park undertaken by Waldren



Waldren Constructions busy on the new car park

Walking the East Gippsland Rail Trail

By Sue Allen

This year I turn sixty-five. Not a huge milestone compared to many at the club, but for me one that is significant. I am now older than my parents, my sister and brother, all of whom did not reach this milestone.

When I moved to Canberra in 2006 from Gippsland, I was not very fit, having been involved in a serious car accident some time before. Here

Sue's walk provides club members with an excellent opportunity to say "Well done, Sue; we admire you for what you are doing", and also to support the club. Please consider sponsoring Sue. Polly has sponsorship forms. - Editor

in Canberra, at the Woden Seniors I discovered Tai Chi. What a difference it has made to my life, I can now walk long distances, play with my grandchildren, garden, hang out the washing and feel that maybe I need to celebrate this new found fitness due almost solely to Tai Chi and a commitment to walking at least 10,000 steps a day last year.

Last year, when travelling back to my old town of Maffra in East Gippsland, through my birth-place Orbost, I saw the signs for the Rail Trail, which follows the old railway line from Orbost to Bairnsdale. Then and there I made a commitment to walk that at some time during my

sixty fifth year. I wanted it to recognise the freedom of movement Tai Chi has brought me. As I attend activities at the Woden Seniors, I see many people of all ages there actively engaging in both physical and mental pursuits and realised how much the club has to offer. To that end I decided to not only walk the 100 kilometres of the Rail Trail, but to raise money for the club's activities at the same time. I will be walking the 100 km over six

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Management Committee would like to thank Waldren Constructions and their staff for their help in this matter.

It has been passed at the recent Management Committee meeting that half of the increased number of car parks will be hired out to the public for ongoing income and the remainder are to be available for use by club members. We are awaiting the final marking out of the new car spaces, but this should take place any day now. It is important for members to realise the value to the club of the small number of car park spaces that are allotted to hirers.

We will continue to look at best ways to use the space and ensure there are plenty of spaces for members, even on really busy days.

days from 16 April and finishing in Bairnsdale on Saturday 21 April.

Most days I will walk between 15 and 22 km with the last day only being 9 km.

If you feel you would like to support me, there will be sponsorship forms with Polly from the beginning of March. All money raised will go to the club to support the various activities in some form or another.

Tuesday morning bridge at club



Bridge is the most skilful of card games, being enormously popular throughout the world. Sessions at the club are very popular, and we benefit from having two very experienced directors, Gavin Brown (Tuesday mornings), and another Brown, John, not related (Saturday afternoons). Photographed is Gavin Brown resolving an issue.

Have no fear, firearms strictly prohibited at bridge sessions

One of the most popular activities at the club is bridge and, while competitive, players generally conduct themselves with an acceptable degree of decorum. Certainly, the club has not experienced an incident such as the following, and will not do so in future while ever bridge director John Brown continues to insist that players leave their firearms at home.

On the evening of September 29, 1929, John and Myrtle Bennett invited Charles and Myrna Hoffman to their Kansas City (United States) apartment to play bridge.

As the evening progressed, Myrtle became increasingly curt with her husband for not bidding and playing correctly (most bridge players would be far more successful if only they were blessed with a partner *half* as good as themselves). Finally, Myrtle raised John's bid of one spade to four spades (game) and, as dummy, laid down her hand.

John failed by two tricks, which further infuriated Myrtle and she had much to say about him being a "bum bridge player". Incensed, John came right back at her and their confrontation lasted for several minutes with

the Hoffmans unable to calm them down. Then John slapped Myrtle and said he was leaving to spend the night at a hotel. Myrtle said that no-one but a bum would slap his wife *in front of guests*, who were themselves making hasty preparations to leave.

It was at this point that Myrtle left the room, reappearing with a gun. John hurriedly ran to the bathroom and slammed the door behind him. Undeterred, Myrtle fired two shots which penetrated the bathroom door but missed her husband. In the confusion that followed the Hoffmans ran for help, and John ran for his life. Alas, still furious about the inadequacy of her husband's play, the slaps

she had received in front of guests, and determined on revenge, Myrtle pursued John and her next two shots did not miss.

Myrtle was charged with first degree murder but, after eight hours of deliberation, the jury found her not guilty (perhaps jury members had had some experience of bridge, and "bum" partners). Thirty-five at the time of her acquittal, Myrtle Bennett lived for another 61 years, collecting \$30,000 from her husband's life insurance policy, a significant sum at the time. She continued to play bridge, although occasionally encountering inexplicable difficulty finding a partner.

Footnote: Bridge doyen Ely Culbertson subsequently suggested that if the Bennetts had been playing the Culbertson System of bidding, then John might still be alive.

FREQUENTLY ASKED QUESTIONS

What are smart phones?

By Grahame Hellyer

Answer: In addition to making phone calls and sending text messages smart phones have a screen and an internal processor which effectively makes them like a mini computer. You can use the internet, either over the phone network (you will need a data allowance in your plan) or through a Wi-Fi system such as many people now have in their home or provided free at places like MacDonald's; and you can use programs, referred to as Apps, such as games, dictionaries, music players, news readers, photo management, etc. There are thousands of these. Some just provide quick links to social networking sites such as Facebook. An advantage of smart phones over older phones, which is relevant to seniors, is that the large screen provides large numbers for dialling, and text for composing and reading messages.

Smart phones are either: iPhones (from Apple), Android (from most other phone manufacturers) or Windows (from a few makers). They can be bought outright, or as part of a "Plan" with your phone company -

which may give you the phone free or for a small monthly payment (if you sign a 2 year contract). Apple releases a new phone about each year and there are usually the current model and the two years previous models available (at a somewhat cheaper price). There is a huge, and confusing, choice available in Android phones from makers like Samsung, HTC, LG, and Motorola. There is a much greater range of models and prices than with Apple, and again the prices drop considerably on the previous year's models (so a quite good phone can be bought outright for under \$150.)

Note that not all phones work on all of Telstra's bands so check that the phone you buy is suitable for your phone company.

Note also that, because the big screens use more power than the old phones, they have to be charged more frequently, which can be annoying if you are used to your battery lasting several days.

If anyone wants more advice feel free to call me. Polly can give you my number.

Material for *Meridian* invited

The next *Meridian* will be published in June, so contributions must be submitted (preferably by email to Polly, who passes them on to me; or Polly will give you my telephone number) by mid-May.

Members are encouraged to promote club activities they are engaged in, or suggest what could be done to improve the club, or write about their own life experiences, or tell readers about holidays or other adventures.

This current edition contains excellent submitted material. Hopefully, come the next *Meridian*, the response will be equally gratifying. - Dennis Blewett

What do I do when I retire?

Sound familiar? Perhaps, more commonly, what we hear is wives saying, "What are *you* going to do when you retire, dear?"

Not so long ago people worked as long as they could and often died a few years after retiring. Now we can generally expect a long retirement, and it is a pity if we don't enjoy it.

I have to say, as hinted above, that in the past this has perhaps been more of a problem for men, as women had their lives in order and the retirement of their husband did not have a major effect (except in those cases where the retired husband actually became a nuisance!) Now that many women have demanding careers the sudden change may also present a problem to them.

What do we want in our retirement years? Overall one could answer "enjoyment", but this simply begs the question of what we need to enjoy ourselves. This is a good topic for discussion, but I would suggest the following:

- Interesting activities
- Social companionship
- Good health.

Of these, good health is perhaps the most important as it will determine how much we can enjoy the other two. There are aspects of our health which we can't change, but general fitness is something we can do something about. At age 70 I don't want to feel like the average 80-90 year old when I can feel like the average 50-60 year old. It is only exercise which keeps our muscles, heart and lungs working at their optimum – and our bones strong. As household tasks have become easier (no washing clothes by hand or chopping firewood) it has become more important to undertake positive exercise such as walking or joining an exercise program – like the ones the club runs for members or those at commercial gyms like Curves (for women), which are now filling up during the day with retirees. Most of us are also concerned about our

mental health; we want to keep our brains as sharp as possible as we age. While we can't stop some mental diseases, there is no doubt that exercising our brains will keep them in better condition as we get older.

Unless we are fitness fanatics we still need other activities to add interest to our lives. Some people get a kick out of learning new things and choices are easier for them – they can learn a musical instrument, or a language, or study another subject like history, and they find the challenge stimulating. The University of the Third Age provides a great service in this regard and some of their activities occur at the club. The University of Canberra has group lessons in singing and piano. However there are many people who don't enjoy learning something unless they really need to (perhaps shades of school days?). There are, of course, lots of interesting sports, suitable for seniors, which will also help us keep fit, like golf, table tennis, badminton or bowls.

Some people enjoy planning their next trip, doing research on the internet or in the library. Others enjoy watching sport on television or reading. While these home-based activities can provide interest they shouldn't completely substitute for getting out and mixing with people, perhaps by joining a bridge or Mah Jong group, or a book club.

I should also mention the pleasure many retired people get out of volunteer work. This not only provides the satisfaction that they are helping others, but also provides an interesting social environment with like-minded friends. This might involve working in an Op shop, or helping out with the running of a club like ours.

We all need social companionship, certainly some people are more sociable than others, but life would be miserable if we never met other people. Some people feel that family contact is enough, but we should not depend too much on our families to fulfil our personal needs. Others maintain social contact through the internet, for example on Facebook. However this should not completely replace real face-to-face contact. The best way to meet people is to take

part in organised activities like those mentioned above.

Woden Seniors tries to meet the needs discussed here, within the scope of its facilities and resources. If you feel there is something missing from your life you should try one of the activities available at the club. If you have friends who are a bit 'lost' after retirement you could suggest they try one of our activities – our members will make them welcome.

It's all too much for retired husband

Dear Sir, - After I retired, my wife insisted that I accompany her on trips to the shopping complex.

Unfortunately, like most men, I found shopping boring and preferred to get out as quickly as possible. However, equally unfortunately, my wife is like most women and loves to browse. Yesterday she received the following letter from our Big W:

Dear Mrs Harris,

Over the past six months, your husband has caused quite a commotion in our store. We cannot tolerate this behavior and have been forced to ban both of you from the store. Our complaints against your husband, Mr Harris, are listed below and are documented by our video surveillance cameras:

Set all the alarm clocks in homeware to go off at 5-minute intervals. Walked up to an employee and told her in an official voice, "Code 3 in homeware. Get on to it right away". This caused the employee to leave her assigned station and receive a reprimand from her supervisor that in turn resulted in a union grievance, causing management to lose time and costing the company money.

Set up a tent in the camping department and told the children shoppers he'd invite them in if they would bring pillows and blankets from the bedding department to which twenty children obliged.

When a clerk asked if she could help him he began crying and screamed, "Why can't you people just leave me alone?"

Hid in a clothing rack and when people browsed through, yelled "Pick me. Pick me!"

... Margaret Wright knows what to do, it's just that

Things keep getting in the way

As the summer draws to its end, I find myself musing about how much faster the past year seemed to go than did the previous one.

Somehow, our graceful slide into our twilight years is not as smooth as we may have anticipated. Wasn't retirement meant to be doing our own things at long last?

Like, for instance, joining Woden Seniors, and enrolling in one or more of the many activities on offer, some under the umbrella of the U3A. Now that's a splendid idea, and there are so many interesting choices so, when the time comes, we enrol and begin with enthusiasm. But *things* get in the way, or we suffer a minor mishap (like a sprained ankle - ouch, don't remind me!), so that puts physical activities on hold for a while.

Then there are medical appointments! And seemingly we find that our eyes, ears and teeth require ever more attention, and we need yet another blood test. So many blood tests, we wonder that we have any blood left to be tested.

Oh, and we should exercise more. When the ankle gets better, of course. Twenty minutes' walking a day seems like a very good idea, not too strenuous and very beneficial, we have heard tell. Now, when would be a convenient time for our walk? Actually, we are busy today (another blood test?), and it is rather hot; but no appointments tomorrow and it will be cooler, Mark Carmody assures us. So tomorrow would be a good time to start what will thereafter become a daily, routine walk.

Then, unexpectedly, we learn that an adult child has been admitted to hospital, so we as grandparents rush into the breach to help with toddler-minding. The least we can do. Glad to do it, and no trouble at all. So, we'll get quite enough exercise caring for a toddler without wasting twenty precious minutes powering around the suburb!

Then a daughter decides to return to work ("Only three days a week, Mum, and I will need you for only *one* day because child minding is available for the other two"). So there we are wracking our brains trying to remember the types of activities that came to us so readily forty years ago when we cared for several toddlers. A mid-day nap is a good idea for the baby, although the baby is less enthusiastic

about sleep than we would be, given the chance!

Last year air fares to Canberra were "on special", so long-standing and dear friends decide to visit from Europe, Sydney, or wherever, knowing that at least three guest rooms must be available now that all the children are married, and we had urged "come any time - you're always welcome". And meant it at the time.

Last year I resolved to play my instruments a little better, and to paint the definitive gum tree but, like I said, *things* got in the way. But, this coming year, no problem! This year is not going to be interrupted by *things*.

So, having so much free time *this* year, I will also be able to do what I resolved to do *last* year - namely read all the novels I skimmed through in my youth; and read some modern novels too - just to show that I am moving with the times and that I am unfazed by the absence of verbs and that I *do* appreciate the artistic merit of using words that Jane Austin and the Bronte girls very likely didn't know existed, and would have been shocked to learn what they meant *had* they been told.

This year, too, with the abundance of time at my disposal, I shall finally sort out all the decades of jottings and notes from relations long gone, and label all the photos dating back to the century before last. Because it really is down to me, as only I can make sense of all the genealogical material I have collected over the past fifty years. It would have all been done long ago, of course, had it not been for *things* getting in the way.

I must also label all the items jumbled (I hesitate to write "displayed") in the china cabinets: all have come to us through family members and, again, only *I* have the information, filed away in my head.

And I must continue (at least I *have* made a start here) to frame and label old documents and clothes (bodice from 1885, mother's wedding dress from the 1930s, for example) so that our children will thank us for being so well organised, when we're gone. That *will* be nice!

Yes, I'm really looking forward to putting all my spare time to good use this year. It would be really satisfying to write down some of the stories from my own life adventures. Not a chronology, nothing so ambitious or demanding, just some of the interest-

ing and sometimes strange things and coincidences that have befallen me. And look at my old slides (could even have the pick of them printed), and write about my travels as a young and reckless Aussie, so many decades ago. Who wouldn't be interested to read of those, when I'm gone?

This summer, when it really was too hot for gardening (did I mention all my gardening projects, which are clearly better left to the cooler months?), would have been a great opportunity to take advantage of the coolness of the house and beaver away sorting and labelling, reading, practising music, painting and writing. But this summer, unfortunately, *things* got in the way, and now summer has almost gone.

So, ask me, how *much* did I achieve?

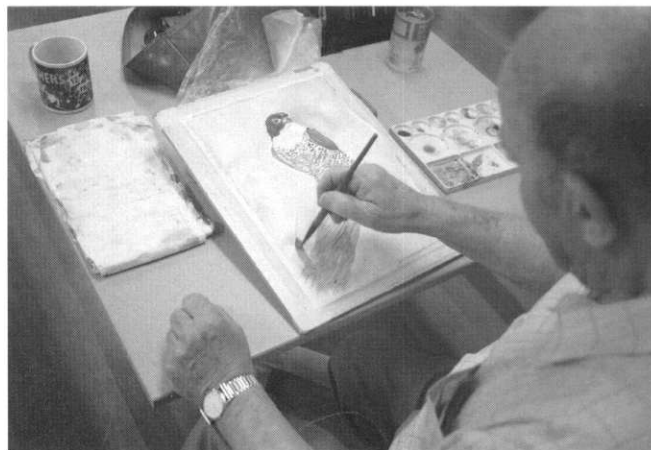
Then again, don't ask! Rather, ask me about the *coming* year. That will be a different story!

Table tennis - and that's not all

A lively group of the club's members meets on Wednesday and Friday mornings in Hall 1 to indulge their passion for table tennis. Play begins at 9.30 and finishes at 12.30. Cost of participating is \$5. There are a couple of spare bats in the cupboard if you don't have one of your own and would like to "try before you buy". Don't worry if you have never played before, we don't play for sheep stations. Fun and friendship is the aim of the game.

Generally, doubles are played but there is sometimes an opportunity to play singles towards the end of a session as not everyone stays till finishing time. Depending on the number of people on any given day, games are played to 31 or 21 so that you don't usually have too long to wait until it's your turn again. This pause, of course, gives you a chance to make yourself a cup of tea or coffee and have a chat to the other members. Conversation is wide-ranging. All topics are welcome be it poetry or politics, music or movies. Why don't you come and join our group, you will be most welcome. - Irene Turpie.

Gallery attractive club feature,
and valuable fund-raiser



The Gallery features work by members, and the display is changed every 6 - 8 weeks. In the most recent period, four paintings were sold, the club benefiting by 15%. Pictured (clockwise from top left) Dawn Schneider, Marie Hoskins, Marty Guy and Anne Baker.

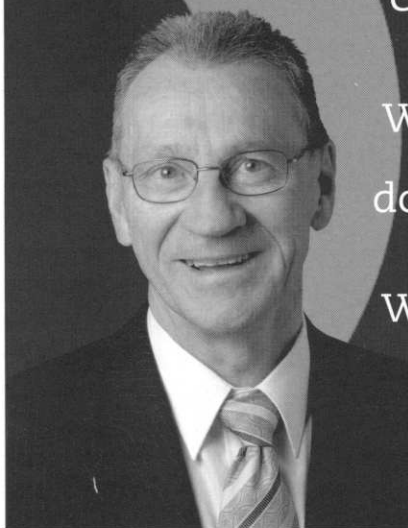
Photography by Alan Hodges

SELLING YOUR PROPERTY!

If you plan to sell your home or other property, you are welcome to contact Noel Lane of Luton Properties (LUTON), for a confidential and informative discussion.

We offer Members of Woden Seniors special low selling fees and make a substantial donation to Woden Seniors for each property of a Member that Noel sells.

We are a major supporter of Woden Seniors.



Noel Lane
6287 1600
0412 334 725

noel.lane@luton.com.au

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Tuesday dancing group- come and join us!

Dear Friends, - Have you ever sat in front of the TV, or been in the cinema, or been to the theatre, and marvelled at the skill of those agile dancers performing their spins, gyrations and spectacular leaps, seemingly oblivious to body joint limitations and gravity, and thought "I could do that" or wished similarly?

Well, our Tuesday afternoon dancing sessions won't guarantee to help you achieve that, sorry, but this is a *seniors'* club after all. What we *can* do is provide great company in a friendly atmosphere, and a more gentle style of dancing to popular music. Our dances are selected from a repertoire of favourites, but the list is long enough to ensure they don't become too repetitive. Our leader, Santo Giuliano, is an accomplished dancer, ever willing to assist someone overcome initial uncertainty.



Bronius Sumila and Patricia Young strut their stuff on Tuesday afternoon

A number of people have said they would like to dance, but either have never learned or haven't danced for many years. That doesn't matter; we are all amateurs who just enjoy dancing in wonderful company. One of the greatest pleasures dancers in our category can experience is assisting someone else to learn or relearn a dance. We are totally supportive and our aim is to help others to enjoy themselves as much as we do. We don't care if you have two (or even

more) left feet, we are here to enjoy ourselves, and your enjoyment increases our pleasure.

We are ever mindful of our advancing seniority, and our dances are planned in recognition of that. That doesn't mean we only dance slow dances; our programs range across most of the dance spectrum - waltzes (modern and old time), quicksteps, foxtrots, rumbas, tangos, cha chas etc. So far we haven't included rap or break dance, but if *you* join and particularly want to try - we'll watch!*

We normally dance brackets of four dances each, with a rest between brackets. After about an hour and a half, we retire to the tea table for refreshments and chatter. Most of the world's problems have been solved during these breaks, but the world leaders don't seem to listen! While newcomers are finding their feet (metaphorically) they are encouraged to suggest dances they are familiar with. If they prefer to dance a different dance to the rest of us, that's OK - there's enough room on the floor. Occasionally a new dance will be introduced, and after a number of demonstrations and walk throughs it will be added to our repertoire. The whole process is democratic, and nobody is under any pressure to conform other than to enjoy themselves. Even that isn't obligatory, but in our group it is inevitable.

So there you have it. If you want to spend Tuesday afternoon with lots of laughter, friends and music, come along. If in doubt, come along anyway and just watch us enjoy ourselves until you are ready to enjoy yourselves also.

Oh, I almost forgot. Side effects of dancing include increased mobility, better flexibility, reduced stress, improved health, improved balance and improved memory and mental health. (I hadn't really forgotten - it was just poetic license).-

Come and join us - you'll be glad you did! - *David Griffith*

**Should anyone volunteer to demonstrate break dancing to the group, Meridian asks to be invited. Will bring camera! - Ed.*

Strange, wonderful sounds coming from the verandah

If you visit the club on a Wednesday morning to have a quiet cup of coffee between 11am and noon, you may not get the peace and quiet you hope for.

Over the years members in the watercolour class or playing table tennis will have heard strange and wonderful sounds coming from the verandah.

At the moment a group of eight dedicated U3A recorder players are having lessons with Sue Gibson.

They have been learning for one or two years, but are continuing their studies, especially to learn the high notes. So as the year progresses we will sound like a group of cats pitching their voices in a caterwaul as they stand off from fighting, in our attempts to play these more difficult notes. We shall be attempting to play them in unison and in tune. These high notes do occasionally appear in other music we play in Margaret Wright's groups, so we have to learn and practise them.

It is difficult to get very high notes on the recorder and to get them to speak on time and be in tune. We have to use our diaphragms and lots of breath pressure, and listen carefully to keep in tune- too much pressure and we go sharp, and too little makes us flat. We are learners so please be patient with our unmusical attempts at these high notes.

But take heart because, as well as learning new notes and playing scales and exercises to try to master them, we play lovely duets and trios and make beautiful music as well.

Thank you in anticipation of your understanding and tolerance of these strange noises coming from the "old verandah" (does this room now have a new name?) of the club.

Time for reflection

Don't cry because it's over, smile because it happened.- *Dr Seuss*

You only live once, but if you do it right, once is enough.- *Mae West*

What are recorders?

Everyone knows that!

They are plastic tubes with some holes along the front, and a top end to blow into, and *hey presto!* there you have it. The most awful noise that ever came out of your child's primary school class.

What everyone perhaps does not know, however, is that recorders come in at least eight sizes, and are in fact among the most difficult and beautiful instruments to play well.

The descant (soprano) recorders are used in schools because they fit nicely into children's hands, and with the invention of plastic, were mass produced and cheap to buy. They were seen as an introduction to music-making before giving the children a "serious" instrument.

Thus, after the cacophony of bad classroom teaching, very few, if any, children continued to explore the intricacies of recorder playing, not even being aware of the beauty and repertoire of the instrument.

Conservatoriums of music didn't even offer the recorder as a subject!

Gradually over the past few decades, there was increasing interest among musicians trying to replicate the sounds intended by Renaissance and Baroque composers. Handel, Bach, Telemann and Vivaldi are just some of the composers who wrote for

the recorder, and now recorders are used again to play the parts intended for them. For several hundred years, after recorders went out of fashion, louder flutes played those parts.

Canberra is a city with an amazing interest in recorder playing and listening. Woden Seniors is the venue for three groups, all under the umbrella of the U3A.

Each Wednesday, up to one hundred recorder players are at the club in one or more of the three groups.

Sue Gibson's 11am Advanced Beginners' group (*see page 6*), working mainly on some of the technical aspects of this very difficult instrument, is followed at 12.30 by the Intermediate Orchestra with Margaret Wright. This orchestra plays works by Renaissance composers, with some Mozart, Bach and Handel, as well as folk songs and modern pieces in three parts: descant, treble, and tenor.

At 2pm the orchestra, also with Margaret, begins its two hour session. The recorder orchestra is a very recent phenomenon, and has the usual recorder sizes (descant, treble, tenor and bass) plus two smaller (and higher in sound): the sopranino or piccolo recorder, and the even smaller garklein. At the deep end we have great basses and contra basses, which give a beautiful deep orchestral sound. Modern composers are writing works such as

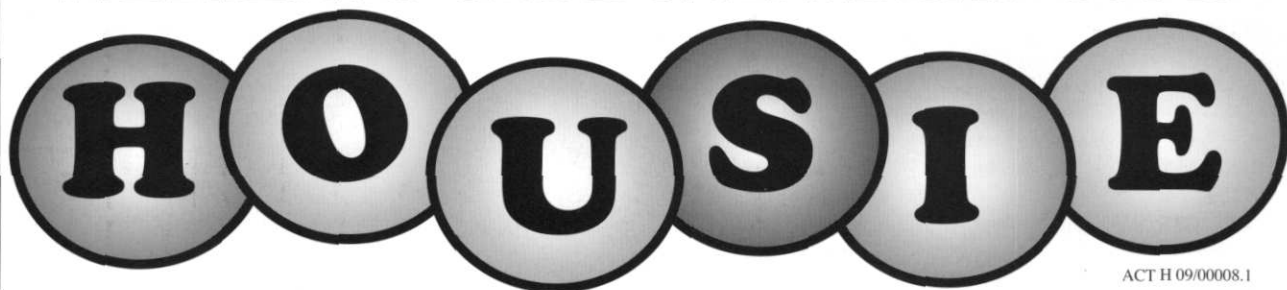
symphonies, for full recorder orchestras, and in 2010 an English composer even wrote a Fantasy dedicated to us, the Canberra U3A Recorder Orchestra. Playing in an orchestra is a delight denied to most people, but with dedicated practice it may be possible to play in one of the recorder orchestras at one's own level, with more difficult parts modified. This means that as many people as possible might be included in the Intermediate Orchestra, while it is expected that each member of the Advanced Orchestra is able to play the parts well. The learning of musical instruments and playing harmoniously with friends is an excellent way to keep active in mind and fingers!

Movies - who said?

1. Here's looking at you, kid.
2. I love the smell of napalm in the morning.
3. All right, Mr DeMille, I'm ready for my close-up.
4. You know how to whistle, don't you, Steve? You just put your lips together and blow.
5. Oh, Jerry, don't let's ask for the moon. We have the stars.

Answers: 1. Humphrey Bogart (*Casablanca*). 2. Robert Duvall (*Apocalypse Now*). 3. Gloria Swanson (*Sunset Boulevard*). 4. Lauren Bacall (*To Have and Have Not*). 5. Bette Davis (*Now Voyager*).

HELLENIC CLUB MEMBERS ONLY



ACT H 09/00008.1

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WEDNESDAY - 7:30pm • Total Prize Pool \$5,200

SUNDAY - 2:00pm • Total Prize Pool \$6,000

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for the information of members and guests